

Cockroaches can be difficult to control without adhering to strict management standards. A thorough integrated pest management plan will rid a structure of roaches, but only with help from the customer. A thorough cleaning is key to ridding a place of roaches. With a properly cleaned home, we can incorporate our treatment methods which include the use of baits, sprays, growth regulators, trapping, exclusion, and other methods. The following checklist outlines the customer's role in ridding their home of roaches. We are confident that if you follow these steps, your home will be roach-free. Please note that severe infestations will likely take multiple visits.

Before Treatment

- □ Clean up all spilled food and drink. All forms of food must be removed or sealed to prevent them from eating it. Wash all dishes, pans, and utensils immediately after using them.
- □ Sweep, vacuum, mop, and scrub everything. Fridge, freezer, stove, cabinets, floors, carpets, rugs; behind and inside everything. Vacuum all cracks, and crevices.
- Make sure every form of potential food is sealed in insect-proof containers.
- □ Empty all cupboards, drawers, etc of all items and clean all items thoroughly.
- □ Take out garbage daily. This includes recycling. Thoroughly wash recycling bins.
- □ Move all items (including furniture) away from the walls in rooms to be treated.
- Repair leaking pipes and faucets; ventilate humid areas. Keep tubs and sink basins dry.
 Stopper all drains when not in use.
- Be prepared to vacate the treated rooms for at least one hour after the treatment.
- □ Launder any clothes, sheets, and other things that could contact roaches; wash in hot water and dry on high heat.
- □ Throw away all boxes, newspaper, bags, and other clutter that can harbor roaches. Storage boxes should be spaced apart.

Following Treatment

- □ The treatment area may be entered one hour after the treatment.
- Continue to follow all cleaning standards listed above for at least a couple weeks.
- Notify friends/neighbors who might have transported roaches to/from your home.
- □ Fix any problematic areas mentioned by the technician that could lead to reinfestation.